

人間科学部 スポーツ健康科学科の教育課程

全学共通の教養科目である
 基礎教育科目及び外国語科
 目と、本学部の共通科目を
 含む専門基礎科目群の設定
 により、学部共通の教育方
 針を明示し、各学科それぞ
 れの専門教育科目群を段階
 的かつ系統的に学ぶことが
 できるようにカリキュラム
 を構成している

学際的で専門的な知識をも
とに、人々の活動的で健康
的な生活を支える力と豊かな
発想やコミュニケーション
能力によって新たな可能性
を開ける教育

新しいスポーツ、健康関連
ビジネスに関心を持ち、課
題を解決するための企画運
営を含めたスポーツマネジ
メント、健康マネジメント
関連科目の体系的な教育

スポーツ活動を通じて、指導者として子どもたちの「生きる力」を育成し、適切な指導のもと健康維持・技能向上に貢献できることを目指す教育

The curriculum map is structured as follows:

- 1st Year:**
 - Basic Education:** University Studies Skills, Practical Japanese (Writing, Calculation), Career Formation Basics, Practical English/Japanese, English/Japanese Listening & Speaking, English/Japanese Reading/Writing, English/Japanese Business English, English/Japanese TOEIC, English/Japanese Business English, English/Japanese TOEIC, English/Japanese Business English, English/Japanese TOEIC.
 - Foreign Language:** German, French, Korean, Chinese, Japanese.
 - Common Subjects:** Health Science Overview, Psychology Overview, Information Processing, Sports Science/Health Science Basics.
 - Specialized Subjects:** Health Management Overview, Sports Management Overview, Sports Science/Health Science Basics.
- 2nd Year:**
 - Basic Education:** Practical Japanese (Writing, Calculation), Career Formation Basics, Practical English/Japanese, English/Japanese Listening & Speaking, English/Japanese Reading/Writing, English/Japanese Business English, English/Japanese TOEIC, English/Japanese Business English, English/Japanese TOEIC, English/Japanese Business English, English/Japanese TOEIC.
 - Foreign Language:** German, French, Korean, Chinese, Japanese.
 - Common Subjects:** Health Science Overview, Psychology Overview, Information Processing, Sports Science/Health Science Basics.
 - Specialized Subjects:** Health Management Overview, Sports Management Overview, Sports Science/Health Science Basics.
- 3rd Year:**
 - Basic Education:** Practical Japanese (Writing, Calculation), Career Formation Basics, Practical English/Japanese, English/Japanese Listening & Speaking, English/Japanese Reading/Writing, English/Japanese Business English, English/Japanese TOEIC, English/Japanese Business English, English/Japanese TOEIC, English/Japanese Business English, English/Japanese TOEIC.
 - Foreign Language:** German, French, Korean, Chinese, Japanese.
 - Common Subjects:** Health Science Overview, Psychology Overview, Information Processing, Sports Science/Health Science Basics.
 - Specialized Subjects:** Health Management Overview, Sports Management Overview, Sports Science/Health Science Basics.
- 4th Year:**
 - Basic Education:** Practical Japanese (Writing, Calculation), Career Formation Basics, Practical English/Japanese, English/Japanese Listening & Speaking, English/Japanese Reading/Writing, English/Japanese Business English, English/Japanese TOEIC, English/Japanese Business English, English/Japanese TOEIC, English/Japanese Business English, English/Japanese TOEIC.
 - Foreign Language:** German, French, Korean, Chinese, Japanese.
 - Common Subjects:** Health Science Overview, Psychology Overview, Information Processing, Sports Science/Health Science Basics.
 - Specialized Subjects:** Health Management Overview, Sports Management Overview, Sports Science/Health Science Basics.

Key features and callouts include:

- 英語教育プログラム (English Education Program):** English 6 units must be completed.
- キャリアイングリッシュプログラム (Career English Program):** Focuses on career-related English skills.
- 初修外国語 ⇒ グローバル化 (First Foreign Language ⇒ Globalization):** Emphasizes the role of foreign language learning in global education.
- △の『学部共通科目』7科目から6単位以上を修得 (Obtain 6 or more units from 7 common departmental subjects):** A requirement for graduation.
- 専門分野へ進むための幅広い基礎 (Broad foundation for advancing in the specialized field):** Focuses on foundational knowledge in the specialized field.
- 専門分野へ別に当該分野の基礎 (Specialized foundation for the specialized field):** Focuses on specialized knowledge in the specialized field.
- 必修科目としての研究活動 (Research activities as required subjects):** Emphasizes the importance of research in the specialized field.
- 最新のスポーツ・健康科関連課題の理解 (Understanding of the latest sports/health-related issues):** Focuses on the latest trends in sports and health.
- 実践的なスポーツ指導 (Practical sports guidance):** Focuses on practical skills in sports guidance.
- 特論・演習で自らの専門性を追求 (Pursue one's own specialization through special topics/seminars):** Focuses on developing one's own specialization.